



# MSD WASHINGTON TOWNSHIP MIDDLE SCHOOL MENU

AUGUST TO DECEMBER 2018



**NATIONAL SCHOOL LUNCH WEEK Oct. 22-26th**



	MONDAY	SCHOOL LUNCH DAY	WEDNESDAY	THURSDAY	THROW BACK PIZZA DAY
<b>Y</b>	<b>Breakfast:</b> Pork Sausage Biscuit Orange Juice/Craisins	Cinnamon Glazed French Toast Banana/Fruitables Juice	Sausage, Egg & Cheese Slider Fresh Orange Wedges/Juice	Sausage Gravy Pizza Fresh Apple/Fruitables Juice	Apple Cinnamon Texas Toast Raisins/Orange Juice
<b>E</b>	Walking Taco w/Tostitos Breaded Chicken Patty/Bun	<b>Oven Baked Chicken Drumstick</b> <b>Country Biscuit</b>	Calzone w/Marinara Sauce BBQ Pulled Pork on Bun	Rotini Pasta/Meatsauce/Garlic Tst. Hot n Spicy Chicken Patty/Bun	<b>"Throw Back" Square Pizza Day</b> Bacon Cheeseburger
<b>L</b>	Flame Roasted Corn w/Black Beans Assorted Fresh Sliced Fruit	<b>Mashed Potato/Butternut Squash</b> <b>Kale Salad/ Apples w/Caramel Dip</b> <b>Jonny Pop Frozen Fruit Bar</b>	Tater Tots/California Blend Pineapple Tidbits w/Grapes	Parmesan Spinach Assorted Fresh Sliced Fruit	Baked Potato Stix/Broccoli Florets Frozen Fruit Slushie <b>CHOCOLATE CHIP COOKIE</b>
<b>W</b>	<b>Breakfast:</b> Egg/Cheese on Bun Applesauce/Orange Juice	Warm Apple/Cherry Frudel Banana/Fruitables Juice	Ham, Egg & Cheese Biscuit Craisins/Apple Juice	Maple Pancake Wrap Fresh Apple/Fruitables Juice	Mini-Cinis/Sausage Link Applesauce/Orange Juice
<b>B</b>	Big Daddy's 4 Meat Pizza Country Baked Steak & Gravy with Dinner Roll	Spaghetti/Meat Sauce/Breadstick Breaded Chicken Chunks/Breadstick	Soft Shell Taco Philly Beefsteak/Sub Bun	Sausage/Egg/Cheese on Croissant Mini-Twin Cheeseburgers	Cheese Pizza Meatball Sub Sandwich
<b>L</b>	Mashed Potato/Green Beans Peach Slices in Juice	California Blend Assorted Fresh Sliced Fruit	Corn/Refried Beans w/Cheese Apple Slices w/Caramel Dip	Hash Brown Patties/Broccoli Florets Assorted Fresh Sliced Fruit	Potato Smiles/Normandy Blend Frozen Fruit Slushie
<b>U</b>	<b>Breakfast:</b> Pork Sausage Biscuit Orange Juice/Craisins	Cinnamon Glazed French Toast Banana/Fruitables Juice	Sausage, Egg & Cheese Slider Fresh Orange Wedges/Juice	Sausage Gravy Pizza Fresh Apple/Fruitables Juice	Apple Cinnamon Texas Toast Raisins/Orange Juice
<b>E</b>	Walking Taco w/Doritos Breaded Chicken Patty/Bun	Teriyaki Chicken/Rice/Egg Roll Whole Grain Grilled Cheese	Stromboli w/Marinara Sauce All Beef Hot Dog on Bun	Rotini Pasta/Meatsauce/Garlic Tst. Hot n Spicy Chicken Patty/Bun	Hand Tossed Pepperoni Pizza Bacon Cheeseburger
<b>N</b>	Flame Roasted Corn w/Black Beans Assorted Fresh Sliced Fruit	Peas & Carrots/Tomato Soup Applesauce	Tater Tots/Baked Beans Pineapple Tidbits w/Grapes	Parmesan Spinach Assorted Fresh Sliced Fruit	Baked Potato Stix/Broccoli Florets Frozen Fruit Slushie
<b>R</b>	<b>Breakfast:</b> Egg/Cheese on Bun Applesauce/Orange Juice	Warm Apple/Cherry Frudel Banana/Fruitables Juice	Bacon/ Egg/ Cheese Sandwich Craisins/Apple Juice	Maple Pancake Wrap Fresh Apple/Fruitables Juice	Sausage Egg Cheese Tornado Applesauce/Orange Juice
<b>E</b>	Big Daddy's 4 Meat Pizza Country Baked Steak & Gravy with Dinner Roll	Lasagna Roll-Ups w/Breadstick Breaded Chicken Tenders/Breadstick	Soft Shell Taco Philly Beefsteak/Sub Bun	Sausage/Egg/Cheese on Croissant Mini-Twin Cheeseburgers	Cheese Pizza Meatball Sub Sandwich
<b>D</b>	Mashed Potato/Green Beans Peach Slices in Juice	California Blend/Kale Veggie Salad Assorted Fresh Sliced Fruit	Corn/Spanish Rice Apple Slices w/Caramel Dip	Hash Brown Patties/Broccoli Florets Assorted Fresh Sliced Fruit	Potato Smiles/Normandy Blend Frozen Fruit Slushie
<b>Y</b>	<b>SALAD &amp; SANDWICH &amp; SIDES</b> Yogurt Combo Ham & Cheese on Croissant Fresh Veggies w/Dip PBJ Uncrustable	<b>SALAD &amp; SANDWICH &amp; SIDES</b> Mandarin Orange Chicken Salad Turkey Wrap Garden Side Salad PBJ Uncrustable	<b>SALAD &amp; SANDWICH &amp; SIDES</b> Chef Salad Ham & Cheese Sandwich Vegetables w/Hummus Cup PBJ Uncrustable	<b>SALAD &amp; SANDWICH &amp; SIDES</b> Taco Salad Oven Roasted Turkey Sandwich Garden Side Salad PBJ Uncrustable	<b>SALAD &amp; SANDWICH &amp; SIDES</b> Yogurt Combo Buffalo Chicken Wrap Fresh Veggies w/Dip PBJ Uncrustable
	<b>FRESH FRUIT IN SEASON</b> Low-fat & Skim Flavored Milk	<b>FRESH FRUIT IN SEASON</b> Low-fat & Skim Flavored Milk	<b>FRESH FRUIT IN SEASON</b> Low-fat & Skim Flavored Milk	<b>FRESH FRUIT IN SEASON</b> Low-fat & Skim Flavored Milk	<b>FRESH FRUIT IN SEASON</b> Low-fat & Skim Flavored Milk



**SERVED DAILY**  
**Breakfast \$1.50 \***  
**Entree + 2 Fruit Choices + Milk**  
Daily Offerings  
YOGURT -CEREAL-BREAKFAST BARS

**Lunch \$2.50\***  
**Entree**  
**2 Fruit Choices**  
**2 Vegetable Choices**  
**Milk**  
\*Meals must include 1 fruit or vegetable with main dish

MENUS ARE SUBJECT TO CHANGE



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**Fall/Winter 2018**

	August					September					October					November					December				
	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
YELLOW	NL	NL	1	2	3	27	28	29	30	31	24	25	26	27	28	22	23	24	25	26	26	27	28	29	30
BLUE	6	7	8	9	10	NL	4	5	6	7	1	2	3	4	5	29	30	31	1	2	3	4	5	6	7
GREEN	13	14	15	16	17	10	11	12	13	14	NL	NL	NL	NL	NL	5	NL	7	8	9	10	11	12	13	14
RED	20	21	22	23	24	17	18	19	20	21	15	16	17	18	19	12	13	14	15	16	17	18	19	20	NL
																NL	NL	NL	NL	NL					

NL=NO LUNCH

Payments on accounts may be made online at [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com)

Additional information on Child Nutrition website [www.msdt.k12.in.us](http://www.msdt.k12.in.us)